The Bridge Ben Donnellan

I'm on the holy bridge, a cigarette passing between my thumb and forefinger — strumming a forgotten tune on the grimy rail. Idle, I stare at the marbled abyss below, devoid of light and life, trying to make out some distant reflection in the murky swell; my head rolling downstream.

I let it sink below the horizonless sky, not silver-lined, but grey as the wet stone walls that barely hold its borders — crumbling into its depths. The black water, bitter-black and streaked white in the wash, like a mirror fractured by the raw surge, reflecting the white noise of my mind.

Still, the world moves on, the crowds of salarymen spilling out onto Grand Parade, made flickering shades in the waters stirring, the cold breath of morning trembling on the back of my neck.

While I remain in place, static as the sky unchanging up above, stalled by some broken part.

I watch the grey river lift toward the grey sky, the hissing foam churned up then folded before it reaches fullness; a deadly flood intent on devouring itself. It reminds me of the last time I stood here, a stranger to courage, feeding my grief with contempt, for fear my heart might be played again.

It was a palm upturned and begging then — not the man I knew, or thought I had, his face blurred by some absence in my brain. I had no change to offer him, so we stood and smoked, tobacco rolled in foreign hands, foreign words diffused through the fog, before his song of home.

He caught the rhythm in the sails of his palms, compressed then released the bellows of his battered music box — his sorrow resounding through the vaulted chamber like a dying breath, forced up from the belly and pushed through hard gritted teeth.

A release of years at sea.

When he'd finished, ocean-spray clung to the corner of his mouth where the cigarette was tucked — great plumes of smoke sent up into the grey, dissolving against the colourless air. Then silence overcame the river, its own bellowing made quiet by his grief, as if the water itself was to blame.

Back on the bridge now, the memory comes up choppy and white, seeping into every wet cerebral wrinkle till my caulking fails, and the sudden spate unbound, drowns all potential for restraint. I saw my brother, he'd said, cut off early in the years of his youth.

And I'd promised I wouldn't be the same.

I've lived with grief for long enough, refuse to be buried by it too.